



HONG KONG YOUTH CLUB BASKETBALL LEAGUE

**U15 Spring Season -
March - June 2026 -**

Schedule Link - <https://www.aicbl.com> (plus comprehensive stats)

League Overview

The aim and purpose for the HKYCBL is to provide a Developmental Hong Kong Basketball league for all youth players. The league utilizes School and Government facilities and is open to Club and School Teams to assist their players basketball development throughout the calendar year.

- **Rules** - FIBA and some modifications similar to the ISSFHK modifications.

- Players age checks -
 - Prior to each season rosters must be submitted.
 - Teams shall provide players age (DOB) and HKID (first 4 digits).
 - Match day players must register with the score bench.
 - HKID will be asked for each player's first game.
 - In case of any queries this must be presented (picture or actual copy).
 - Before each playoff match checks will also be required
- Scheduling - A no play date is allowed each season. Please negotiate with league organiser however flexibility of teams is encouraged
- RESCHEDULING PROCESS - Teams have an opportunity if THEY EMAIL REQUEST to admin@befitsports.com to request game swaps / reschedule. This will be allowed IF ALL APPLICABLE team contacts agree to swap requests and the request must be made at least 3 days in advance of the scheduled match. Other teams are not obligated to change so original schedule must go ahead if a team is not able to change schedule
- Playoff Format - Round Robin x5 games regular season. TBC playoff format
- Playoff Eligibility - Players must have played one regular season game to be eligible for the playoffs

The age cut off dates for each age group is as follows -

U15 -Born on or after Aug 1, 2010

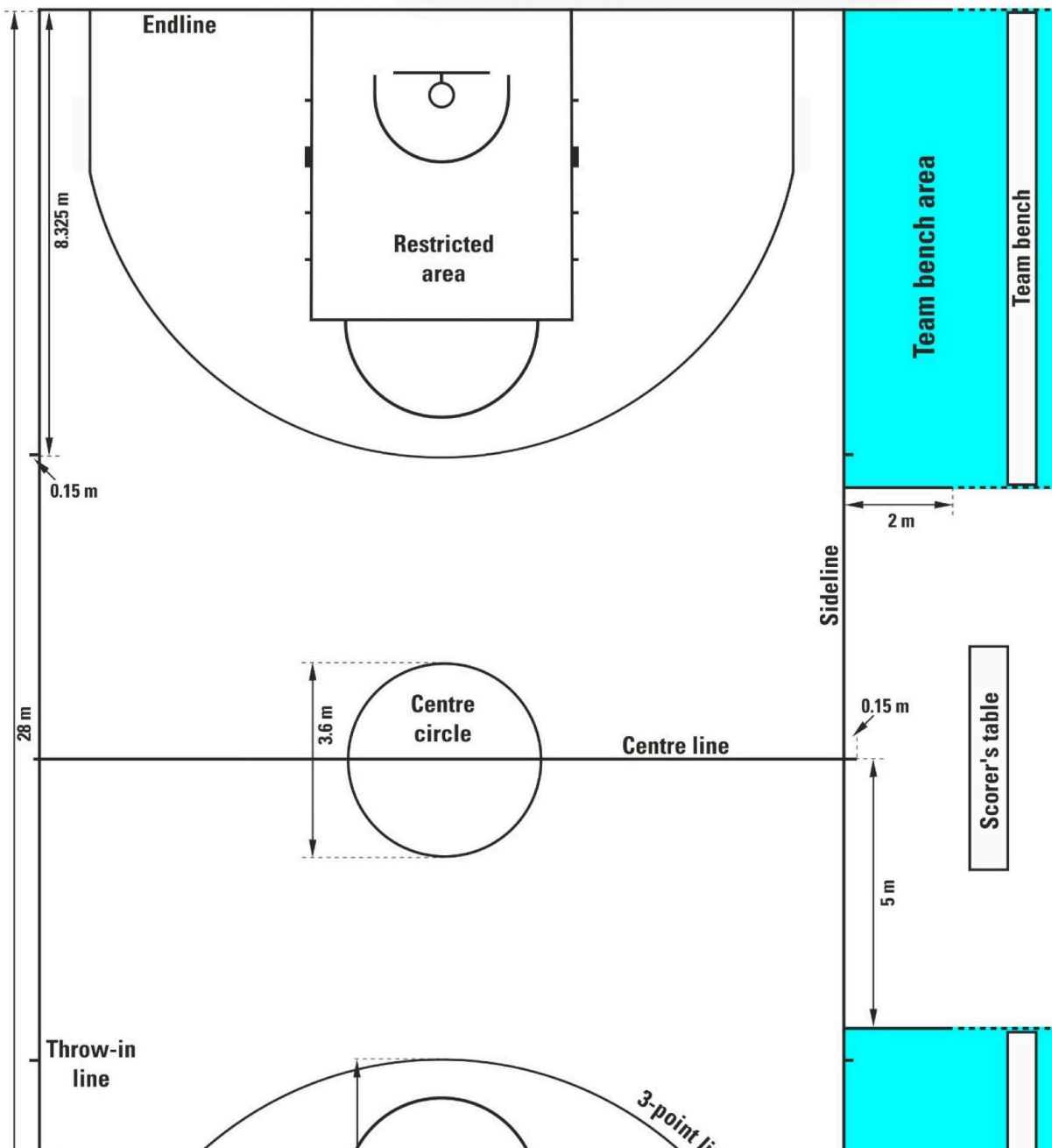
- Rule modifications - HKYCBL IS A YOUTH DEVELOPMENT LEAGUE. RULES WILL BE MODIFIED TO ENSURE INTEGRITY, SPORTSMANSHIP AND DEVELOPMENT IS PRIORITIZED
 - **Full court PRESS - ONLY U12 AGE GROUP ONWARDS.** If a team holds a 20 points lead then half court defence only
- Other rule changes -
 - **Time outs** - x 2 first and second half (x1 less than FIBA - for court time constraints)
 - **Overtimes** - PLAYOFFS ONLY - x 1 minute stop clock.
 - **Ladder Position** - 3 points for win, 1.5 points for tie and 1 point for loss. If teams are tied then 'head to head' results will decide higher placing. If more than two teams tied then the highest winning margin team shall be the higher seed

- **Uniforms** - Teams need to ensure they have jerseys with preferential alternate colors (light and dark). MUST have playing numbers. On schedule HOME is light and AWAY is dark

- **Player Recruitment / Poaching of players policy** - To ensure each Club keeps its commercial integrity the league will implement an agreement / Codes of Conduct. We are

looking to have the league in 'good faith' to provide game opportunities for students and 'add value' to individual club programs. Poaching of players will not be tolerated

- **Team Bench protocols** - Please follow the FIBA guidelines of correct positioning of the bench. Players may only approach the scorers table during the game for substitutions and coaches to call time outs. Referees shall oversee questions and / or disputes during stop of play and at their discretion pending the situation. Only 1 head coach and 1 assistant coach is permitted on the bench. Parents / spectators must not be seated in the bench area or approach the benches / score tables during the course of the game. This should also include during intervals between quarters.



- Marketing -

- **Instagram - HKYCBL**
- **Facebook page - HKYCBL - <https://www.facebook.com/HKYCBL>**
- **Video Recording Procedure** – Where the AICBL video records match it will be at their discretion if these recordings can be used for future Infringement and / or any other team request for review. The recordings of games are provided for the players to review their team's performances only. Results or complaints or any other team request for review

will be at the discretion of the league organiser. Under no circumstances are players or any other officials / spectators etc allowed to access or make copies of these recordings

- **Profile Picture** - Every player must provide a profile picture for the website, or taken by our photographer to help us identify players during playoffs. IF A PLAYER OBJECTS TO THEIR INFORMATION / PICTURE BEING USED ON THE WEBSITE then the AICBL must be notified of this via email. However players names must remain on the website for the integrity of the league (player stats/playoff eligibility etc)

INDEMNITY -

The HKYCBL, AICBL, Technical Committee, Be Fit Sports (commercial owner of the league - and applicable staff used) and its sponsors shall be indemnified against all actions, suit, proceedings, claims, demands, costs and expenses whatsoever which may be taken against it, in respect of death, injury, disability or damage in whatsoever nature which may be caused or suffered by reason of participation in the AICBL.

While the AICBL, Technical Committee, Be Fit Sports (and applicable staff used) and its sponsors will endeavour to provide applicably qualified staff and personnel it cannot be guaranteed that fully credentialed personnel can be provided. Any participant and / or associate of participants understand and abide by this admission when participating in the AICBL.

ALL DECISIONS made on any aspect of the AICBL operations shall be FINAL. League entry by teams means they automatically consent to these policies

CODES OF CONDUCT to ensure Values of the league being met -

PLAYERS CODE OF CONDUCT

- Play by the rules
- Take time to learn the rules of basketball
- Never argue with an official - if you need clarification, have your captain, coach or manager approach the official during a break or after the competition.
- Work equally hard for yourself and your team. Your team's performance will benefit and so will you.
- Be a good sport - applaud all good plays whether they are made by your team or the opposition.

- Show respect to and acknowledge opponents and officials - shake hands before and after the game and say things like 'good luck', 'thanks for the game', 'thanks ref', 'three cheers for...'
- Cooperate with your coach, teammates and opponents - without them there would be no competition.
- Participate for your own enjoyment and benefit; not just to please parents and coaches.
- Play fair - no verbal abuse of officials, sledging other players or deliberately distracting or provoking an opponent.
- Respect the rights, dignity and worth of all the participants regardless of their gender, ability, cultural background or religion.
- Do not expect or accept 'special' favours from a coach or person involved in team or club management.
- Speak to an adult you trust if you have an issue, feel unsafe or are concerned about someone else.
- Participation: ensure you are a good team member. Always take responsibility for your attendance at trainings and practices. Always make sure you let your coach know whether you can or cannot attend a match/training. Always check you have your correct kit and water bottles for matches. Make sure you hydrate (drinking appropriate levels of water throughout the day) and diet (energy) before matches/practices.

COACH CODE OF CONDUCT

- Remember that young people participate for pleasure; winning is only part of the fun
- Operate within the rules and spirit of your sport - help your players understand that playing by the rules is their responsibility.
- Coach matches for the improvement of Players, not just results!! – While 'winning' a contest is part of the reason for participation, it should not just be the

primary focus! Support players to 'Improve, compete and respect' as part of their development

- Relate to officials in a courteous and polite way.
- Ensure after the game all players, referee officials and team personnel shake hands and respect their performance
- Implement relevant sport safety policies and practices.
- Implement policy and practices (and lead by example) in relation to responsible use of alcohol and in relation to recreational and performance enhancing drugs.
- Listen to your players - ensure that the time they spend with you is a positive experience.
- Promote a culturally tolerant environment.
- Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion.
- Follow the school/club policies. Consult if you have questions or require clarification
- Keep up to date with coaching practices and qualifications - ensure you understand the principles of physical growth and development.
- Give young people the chance to try out different playing positions and different sports.
- Ensure you are aware of your school/clubs child safe policy - ensure you are aware of your mandated responsibility to report suspicion of child abuse and neglect.
- Ensure that any physical contact with a young person is appropriate - is it necessary for the player's skill development?
- Avoid developing any 'special' relationships with children - ensure that you show no favouritism such as offering gifts or special treatment. This includes intimate relationships and personal online social networking with team members.

PARENTS and SPECTATORS CODE OF CONDUCT

- Remember that children participate in sport for their enjoyment, not yours.
- Encourage children to play according to the rules - settle disagreements without resorting to hostility or violence.
- Encourage children to take 'ownership' of their team and individual performance - are they taking extra time to practice? Being a good supportive teammate.
- Never ridicule or yell at a child for making a mistake or not winning.

- Respect officials decisions - encourage children to do likewise.
- Show appreciation for coaches, officials and administrators
- Applaud good performance and efforts from all individuals and teams.
- Congratulate all participants regardless of the game's outcome.
- Condemn the use of violence, verbal abuse or vilication in any form regardless of whether it is by spectators, coaches, officials or players.
- Support all policies and practices (lead by example) - this includes responsible alcohol and drug use and support of child safe strategies.
- Support involvement in modified rules games and other junior development programs (game play etc)
- Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.
- Ensure you are aware and follow the correct processes if you have an issue or complaint - do not perpetuate issues with gossip or general criticism.